

## Nutritional Information

Menu section	Menu Item	Serving Size	Unit	Serving (grams)	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	
Starters & Sides	Chicken Lettuce Wraps	14	oz	397	750	29	4.5	90	3830	82	7	35	39	35	45	4	110	
Starters & Sides	Edamame	6	oz	170	200	11	2.5	0	555	7	18	5	20	0	10	10	20	
Starters & Sides	Crab Rangoons	7	oz	198	700	38	14	75	1010	73	1	24	17	45	25	6	6	
Starters & Sides	Dynamite Shrimp	10	oz	283	740	58	8	135	1260	40	5	10	22	90	90	8	8	
Starters & Sides	Pork Egg Roll	10	oz	283	860	50	10	65	1590	85	6	31	21	60	60	10	25	
Starters & Sides	Potstickers, Crispy	8	oz	227	600	31	6	50	3300	57	2	13	24	30	8	6	35	
Starters & Sides	Potstickers, Steamed	8	oz	227	430	11	3	50	3300	57	2	13	24	30	8	6	35	
Starters & Sides	Veg Potsticker, Steamed	6	oz	170	201	2	0	0	1717	40	7	2	9	40	10	4	15	
Starters & Sides	Veg Potsticker, Crispy	6	oz	170	302	13	2	0	1717	40	7	2	9	40	10	4	15	
Starters & Sides	Basil Summer Rolls	8	oz	227	280	8	0.5	0	830	49	3	12	2	80	20	10	15	
Starters & Sides	Kimchi	5	oz	142	50	0	0	0	1100	10	0	5	0	40	50	10	0	
Starters & Sides	Crab Rangoon - Add On	4	oz	112	240	13	4.5	25	340	26	0.5	9	6	45	20	4	4	
Starters & Sides	Potsticker, Crispy - Add On	4	oz	112	210	11	2	15	1110	20	1	5	8	40	15	4	15	
Starters & Sides	Potsticker, Steamed - Add On	4	oz	112	150	4	1	15	1110	20	1	5	8	40	15	4	15	
Starters & Sides	Edamame - Add On	3	oz	84	100	6	1	0	280	3	9	2	10	0	6	6	10	
Starters & Sides	Pork Egg Roll - Add On	4	oz	112	300	17	3	20	540	30	3	11	8	50	30	6	10	
Starters & Sides	Veg Potsticker, Steamed- Add On	2	oz	73	73	1	0	0	931	14	2	1	4	15	5	2	5	
Starters & Sides	Veg Potsticker, Crispy- Add On	2	oz	77	106	4	1	0	931	14	2	1	4	15	5	2	5	
Starters & Sides	Basil Summer Roll - Add On	4	oz	112	170	6	0.5	0	490	26	2	7	1	40	10	6	6	
Starters & Sides	Egg Drop - Cup	6	oz	170	35	1	0	30	670	4	0	0	2	10	2	2	0	
Starters & Sides	Egg Drop - Bowl	11	oz	312	70	2	0	55	1330	8	0	0	3	10	2	4	0	
Starters & Sides	Hot & Sour Soup - Cup	6	oz	170	70	3	0.5	25	870	7	0	0.5	4	10	0	2	10	
Starters & Sides	Hot & Sour Soup - Bowl	11	oz	312	150	6	1	50	1740	13	0.75	2	7	10	0	4	20	
Starters & Sides	Wonton Soup - Cup	6	oz	170	110	1.5	0.2	10	730	17	0	0	6	25	4	2	4	
Starters & Sides	wonton Soup - Bowl	11	oz	312	210	2.5	0	15	1230	33	0.75	0.5	13	50	6	2	6	
Salads - Dressings	Ginger Sesame Salad (w/crispy chicken)	16.5	oz	468	780	55	7.5	100	2140	68	3	36	32	140	70	6	20	
Salads - Dressings	Thai Steak Chopped Salad	14	oz	397	640	43	9	95	1160	32	11	7	32			10	20	
Salads - Dressings	House Side Salad (no dressing)	4	oz	112	60	0	0	0	55	10	1	2	2	80	15	2	4	
Salads - Dressings	Ranch	1	fl oz	28	180	20	3	5	280	1	0	1	0	0	2	2	0	
Salads - Dressings	Ginger Sesame Vinaigrette	1	fl oz	28	130	11	1	0	410	8	0	7	0	0	0	0	0	
Salads - Dressings	Citrus Ponzu	1	fl oz	28	10	0	0	0	710	0	0	0	2	0	2	0	0	
Salads - Dressings	Vietnamese Dressing	1	fl oz	28	20	0	0	0	430	4	0	4	1	0	0	0	0	
Salads - Dressings	Grapefruit Dressing	1	fl oz	28	70	4	0	0	640	8	6	0	0			0	0	
Signature Entrees	Brisket Jalapeno Fried Rice	20	oz	567	1100	31	11	125	2720	147	1	13	54	120	120	6	50	
Signature Entrees	Black Garlic with Chicken (WR)	24	oz	680	1000	35	4.5	103	2150	136	7.5	11	41	10	60	10	70	
Signature Entrees	Drunken Noodles with Shrimp	24	oz	680	900	27	3.5	200	3980	132	3	22	33	100	90	25	40	
Signature Entrees	Fried Riced Cauliflower with Chicken	23	oz	652	580	30	5	340	2990	37	9	21	42	120	340	15	45	
Signature Entrees	Spicy Seoul Stir Fry with Steak (WR)	25	oz	709	1205	48	11	100	1685	161	6.5	25	41	30	90	16	60	
Signature Entrees	Vietnamese Vermicelli with Chicken	24	oz	680	650	33	4.5	100	1380	65	5.5	14	33	20	30	6	30	
Signature Entrees	Wor Wonton with Chicken	25	oz	709	620	29	4.5	125	2000	39	4	8	38	120	50	8	35	
All Asian Classics entrees are listed with chicken as the protein, and white rice as option on all rice dishes. Please see Protein and Sides listings below.																		
Asian Classics	Fried Rice	23	oz	652	1120	33	5	345	3730	154	5	19	48	120	120	8	80	
Asian Classics	Lo Mein	23	oz	652	920	32	3.5	100	3940	105	4	28	46	100	110	23	50	
Asian Classics	General Fu	23	oz	652	1160	37	6	100	1180	176	6.5	42	38	200	120	4	60	
Asian Classics	Mongolian	22	oz	623	1060	37	6	100	3620	150	3	22	38	4	45	2	70	
Asian Classics	Pad Thai	23	oz	652	1160	41	6	345	2550	139	3	28	56	140	70	35	70	
Asian Classics	Sesame	24	oz	680	1180	44	7	100	3040	164	5.5	30	42	10	80	6	65	
Asian Classics	Teriyaki	23	oz	652	1100	28	3.5	100	2520	173	6.5	44	42	80	60	10	65	
Asian Classics	Ginger Broccoli	24	oz	680	960	27	3.5	100	2780	142	6.5	17	42	15	190	6	70	
Asian Classics	Cashew	24	oz	680	1030	35	5	100	2810	142	5.5	20	42	110	90	6	70	
Asian Classics	Sweet & Sour	23	oz	652	1020	27	3.5	100	540	176	5.5	58	37	110	120	4	54	
Asian Classics	Steam Bowl (no sauce)	20	oz	567	675	7.5	0	100	285	119	5.5	4	38	100	90	14	54	



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Protein Substitutions	Chicken Steamed	5	oz	140	180	7.5	0	100	250	0	0	0	25	0	0	10	10
Protein Substitutions	Chicken Traditional Crispy	5	oz	140	410	30	5	100	200	10	0	0	25	0	0	10	10
Protein Substitutions	Chicken Wok Seared	5	oz	140	300	20	2.5	100	200	0	0	0	25	0	0	10	10
Protein Substitutions	Pork Steamed	5	oz	140	185	7.5	0	100	225	0	0	0	25	0	0	10	10
Protein Substitutions	Pork Traditional Crispy	5	oz	140	415	30	5	100	175	10	0	0	25	0	0	10	10
Protein Substitutions	Pork Wok Seared	5	oz	140	305	22.5	5	100	175	0	0	0	25	0	0	10	10
Protein Substitutions	Shrimp Steamed	5	oz	140	175	5	0	200	750	0	0	0	25	10	10	10	10
Protein Substitutions	Shrimp Traditional Crispy	5	oz	140	405	30	5	200	700	10	0	0	25	10	10	10	10
Protein Substitutions	Shrimp Wok Seared	5	oz	140	295	20	2.5	200	700	0	0	0	25	10	10	10	10
Protein Substitutions	Steak Steamed	5	oz	140	275	17.5	5	100	225	0	0	0	25	0	0	10	10
Protein Substitutions	Steak Traditional Crispy	5	oz	140	505	40	10	100	175	10	0	0	25	0	0	10	10
Protein Substitutions	Steak Wok Seared	5	oz	140	395	30	7.5	100	175	0	0	0	25	0	0	10	10
Protein Substitutions	Tofu Steamed	5	oz	140	225	5	0	0	425	15	0	5	30	0	0	75	40
Protein Substitutions	Tofu Traditional	5	oz	140	415	25	2.5	0	375	15	0	5	30	0	0	75	40
Protein Substitutions	Tofu Wok Seared	5	oz	140	355	20	0	0	375	15	0	5	30	0	0	75	40
Protein Substitutions	Vegetables Steamed	5	oz	140	50	0	0	0	75	10	3.75	2.5	2.5	100	100	10	10
Starch Substitutions	Fried Rice - Side	12	oz	336	680	17	3	120	1780	117	3	9	14	100	4	4	45
Starch Substitutions	White Rice - Side	10	oz	280	450	0	0	0	110	2.5	0	0	10	0	0	0	40
Starch Substitutions	Brown Rice - Side	10	oz	280	500	0	0	0	0	110	5	0	10	0	0	0	40
Starch Substitutions	Egg Noodles - Side	8	oz	224	400	5	0	0	300	72	0	5	16	0	0	15	15
Starch Substitutions	Rice Noodles - Side	10	oz	280	400	0	0	0	0	100	0	0	5	0	0	0	20
Starch Substitutions	Rice Vermicelli Noodles - Side	5	oz	140	150	0	0	0	0	45	2.5	0	0	0	0	0	10
Starch Substitutions	sub Steamed Vegetables	5	oz	118	36.25	0.05	0	0	32.15	8.95	3.25	2.75	2.95	103	89	3	3
Starch Substitutions	Fried Riced Cauliflower - Side	11	oz	308	180	8	1.5	120	1630	22	5	12	9	100	190	8	15
Starch Substitutions	Zoodles - Side	8	oz	228	40	0.4	0.1	0	9	3.7	1.2	3	1.4	4	35	1	2
Kid's meals nutritional values do not include side choice or beverage. Please see list of side choices below																	
Kid's Meals	Ninja Noodles	8	oz	227	480	16	2.5	55	1160	59	2	14	27	2	4	4	6
Kid's Meals	Golden Monkey Bites	3	oz	85	360	16	2.5	55	340	37	0	29	18	2	2	2	4
Kid's Meals	Sumo Sweet & Sour	5	oz	142	300	18	2.5	55	220	20	2	12	17	50	50	2	4
Kid's Meals	Kung Fu Fried Rice	9	oz	255	520	22	4	175	1900	55	2	9	24	100	4	4	25
Kid's Meals	Dragon Tails	3	oz	85	300	19	2.5	30	370	22	0	4	13	4	6	0	4
Kid Sides	Fried Rice	4	oz	113	227	6	1	40	593	39	1	3	5	33	1	1	15
Kid Sides	Rice, White	3	oz	85	135	0	0	0	0	33	0.75	0	3	0	0	0	12
Kid Sides	Rice, Brown	3	oz	85	150	0	0	0	0	33	1.5	0	3	0	0	0	0
Kid Sides	Macaroni & Cheese	7	oz	198	300	9	2.5	14	450	45	2	8	10	8	0	24	10
Kid Sides	Edamame	3	oz	85	100	6	1	0	110	3	9	2	10	0	6	6	10
Kid Sides	Sliced Cucumbers	4	oz	113	15	0	0	0	2	4	0.5	2	1	2	5	2	2
Kid Sides	Mandarin Oranges	4	oz	113	38	0	0	0	5	10	1.5	8	1	26	56	1	1
Desserts	Citrus Cheesecake Wontons	4.5	oz	128	420	17	9	55	310	59	0	27	10	10	0	2	4
Desserts	Rice Crispy Treat	4	oz	113	480	15	9	35	360	82	2	34	4	10	10	0	6
Desserts	Salted Caramel Cookie	3	oz	85	350	15	11	50	560	49	0	30	3	6	0	4	4
Desserts	Chocolate Chunk Cookie	3	oz	85	390	16	12	45	400	50	2	29	5	8	0	4	15
Beverage	Unsweet Tea	24	fl oz	680	0	0	0	0	45	0	0	0	0	0	0	0	0
Beverage	Green Tea	24	fl oz	680	0	0	0	0	45	0	0	0	0	0	0	0	0
Beverage	Bluberry Pomegranate Tea	24	fl oz	680	0	0	0	0	45	0	0	0	0	0	0	0	0
Beverage	Sweet Tea	24	fl oz	680	240	0	0	0	45	48	0	48	0	0	0	0	0
Beverage	Coca-Cola	24	fl oz	680	320	0	0	0	45	87	0	87	0	0	0	0	0
Beverage	Coca-Cola Zero	24	fl oz	680	0	0	0	0	55	0	0	0	0	0	0	0	0
Beverage	Diet Coke	24	fl oz	680	0	0	0	0	75	0	0	0	0	0	0	0	0
Beverage	Minute Maid Light Lemonade	24	fl oz	680	15	0	0	0	60	0	0	0	0	0	0	0	0
Beverage	POWERade Mountain Blast	24	fl oz	680	180	0	0	0	210	48	0	48	0	0	0	0	0
Beverage	Sprite	24	fl oz	680	310	0	0	0	115	84	0	84	0	0	0	0	0
Beverage	Dr Pepper	24	fl oz	680	300	0	0	0	120	80	0	77	0	0	0	0	0