

# MAMA FU'S ALLERGEN INFORMATION

While great care has been taken to provide this allergen information, Mama Fu's Asian House cannot guarantee the complete absence of listed allergens in our dishes. Individual ingredients may come into contact with each other due to the nature of our handcrafted menu items and shared preparation areas, which is not reflected on this chart. In addition, we rely on our suppliers for accurate allergen information and cannot guarantee that any item is free of any allergen.

**GF** - Dish can be made Gluten Free upon request

Entrees	Egg	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
Black Garlic Green Bean <b>GF</b>	●					●		
Brisket Jalapeno Fried Rice <b>GF</b>						●		
Cashew Stir Fry <b>GF</b>						●	●	
Drunken Noodles					●	●		●
Fried Rice <b>GF</b>	●					●		
Fried Riced Cauliflower <b>GF</b>	●					●		
General Fu <b>GF</b>						●		●
Ginger Broccoli Stir Fry <b>GF</b>						●		
Lo Mein	●					●		●
Mongolian Stir Fry <b>GF</b>						●		
Pad Thai	●	●		●		●		●
Sesame <b>GF</b>						●		●
Spicy Seoul Stir Fry <b>GF</b>					●	●		
Steam Bowl <b>GF</b>						●		●
Sweet & Sour <b>GF</b>						●		
Teriyaki <b>GF</b>						●		●
Tom Kha <b>GF</b>		●				●		●
Vietnamese Vermicelli <b>GF</b>		●		●		●		●
Wor Wonton	●					●		●
<b>Starters &amp; Sides</b>								
Basil Summer Rolls <b>GF</b>				●				●
Chicken Lettuce Wraps <b>GF</b>					●	●		●
Crab Rangoons	●		●		●			●
Dynamite Shrimp <b>GF</b>	●				●	●		●
Edamame <b>GF</b>						●		
Homemade Soup - Egg Drop <b>GF</b>	●					●		
Homemade Soup - Hot & Sour	●					●		●
Homemade Soup - Wonton	●					●		●
Kimchi <b>GF</b>					●			
Pork Egg Rolls	●					●		●
Pork Potstickers					●	●		●

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**Starters & Sides (cont.)**

	<b>Egg</b>	<b>Fish</b>	<b>Milk</b>	<b>Peanuts</b>	<b>Shellfish</b>	<b>Soy</b>	<b>Tree Nuts</b>	<b>Wheat</b>
Veggie Potstickers						●		●

**Salads**

Ginger Sesame Chicken <b>GF</b>	●					●		●
House Side Salad						●		●
Thai Steak Chopped Salad				●		●		●

**Kids Menu**

Dragon Tails						●		●
Golden Monkey Bites <b>GF</b>	●					●		●
Kung Fu Fried Rice <b>GF</b>	●					●		
Ninja Noodles	●					●		●
Sumo Sweet & Sour <b>GF</b>	●							

**Add Ons**

Side of Asian Slaw						●		●
Side of Fried Rice <b>GF</b>	●					●		
Side of Steamed Cauliflower <b>GF</b>								
Side of Mac & Cheese			●					●
Side of Wonton Chips								●

**Desserts**

Chocolate Chunk Cookie	●		●			●		●
Citrus Cheesecake Wontons	●		●					●
Fortune Cookies						●		●
Rice Crispy Treat <b>GF</b>			●					
Salted Caramel Cookie	●		●			●	●	●

**Proteins**

Brisket <b>GF</b>								
Chicken <b>GF</b>	●							
Pork <b>GF</b>	●							
Shrimp <b>GF</b>	●				●			
Steak <b>GF</b>	●							
Steamed Vegetables <b>GF</b>								
Tofu						●		●